Welcome to “On Purpose”
Cystic Fibrosis Improvement

An 8 year old boy with Cystic Fibrosis (CF) diagnosed at birth had marked improvement in CF symptoms and quality of life under chiropractic care.

Cancer Facts

Changes due to environment, diet, and lifestyle factors contribute to cancer development.

Source: National Cancer Institute

Aging is a process characterized by lifestyle choices and how they affect DNA repair.

Fat Genes

Lifestyle changes can affect how genes are turned on and off and how they influence obesity.

Nerve Communication

Structural changes affect communication within the nervous system.

Chiropractic Care and Children

There is significant evidence that chiropractic has a positive effect on children’s health.

Chiropractic and Sports Performance

Chiropractic can enhance sports performance.

Stress Kills, Chiropractic Saves

A stressful lifestyle can contribute to alterations in DNA that can cause cancer, yet chiropractic can help to reverse these alterations.

Chiropractic and The Subluxation

The subluxation should be considered the core component of chiropractic.

The Subluxation is Many Faceted

There are many components to the subluxation as it affects multiple aspects of function.

Chiropractic is the third largest portal of entry in the U.S. after medicine and dentistry.

Balanced Unbalance

Variability within reason is healthier than either pure balance or total lack of it.

People who flourish tend to be less than 20% of the population, yet these people tend to be happy, flexible, resilient and in constant growth.

Your Head and Your Health

Those attributing health to personal behaviors and a holistic balance tend to use complementary and alternative medicine more often.

Chiropractic Philosophy

Chiropractic philosophy is an important part of the profession.

D.D. Palmer
Founder of Chiropractic

How is a Disease Classified?

How a disease becomes labeled as a disease is a mystery!

Email from Kerry Innes from the National Centre for Classification in Health. 8/15/05.
Poor visual fixation – inability to maintain gaze on a fixed target – may contribute to ADD.
Mat Pilates and Muscles

The swimming exercise activates the most back muscles in Mat Pilates.

Stroke and Chiropractic

Chiropractic does not cause stroke.

Pain in the Neck

People with long-term neck pain had decreased pressure points compared to people with short-term neck pain.

Chiropractic is Cost Effective

Paid cost for episodes of care with a DC were almost 40% less than cost of episodes for care with an MD.

Lack of movement will cause adhesions to form within joints.

Switzerland and Chiropractic

In Switzerland, many more medical practitioners refer to chiropractors than in the U.S.

Kids and Colic

749 infants with colic were found to have a reduction in colic with chiropractic adjustments.

Low-force Chiropractic

There are low force techniques as well as higher force techniques in chiropractic.

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